PANORAMA

LUNCH MENU

38

28

25

27

34

12.5

13.5

12.5

STARTERS AND SALADS

ROASTED CARROT & PARSNIP SOUP Crème Fraîche, Garlic Croutons, Dill (1A, 4, 9, 12)	11
FISH CROQUETTE Tartare Sauce, Rocket (1A, 4, 7, 9, 8)	13
MUSSELS IN GARLIC CREAM Toasted Ciabatta (1A, 4, 6, 8, 13)	16
HEALTH BOWL Quinoa, Hummus, Honey Roasted Squash, Cucumber, Alfalfa, Chickpeas, Greens, Cabbage Marrow, Carrot, Toasted Seeds, Walnuts, Goji Berries with a Sesame, Chia & Turmeric Dressing (3A, 9, 11, 12, 3H)	17
Add Roasted Chicken Breast:	6

CURRY LEAF ROASTED SQUASH

Lentil Dahl, Basmati Rice, Coconut Yoghurt

SPAGHETTI PUTTANESCA

Crispy Fried Haddock, Garlic Aioli, Crushed Peas, Hand Cut Fries

PAN ROASTED SALMON

Chili, Tomato, Olives, Anchovy, Capers

CAESAR SALAD Cos Lettuce, Parmesan, Bacon, Garlic Croutons, Poached Egg	16
(1A, 4, 7, 8, 12, 13) Add Roasted Chicken Breast:	6
TOONSBRIDGE FIOR DI LATTE & TOMATO SALAD Origanum, Lemon, Roasted Garlic, Olive C (4, 13)	17.5 Dil
SPICE ROASTED CHICKEN SALA Cucumber, Greens, Cocktail Tomatoes, Coriander, Mint, Olive Oil, Pickled Carrot, (4, 12, 13)	
HOME SMOKED SALMON SALA Rocket, Frisée, Pickled Onion, Boiled Egg, Red Onion, Capers, Fennel, Chive Crème Fraiche with Lemon Dressing (4, 7, 8, 12, 13)	

SLOW COOKED PRESSED LAMB NECK Stout and Onion Gravy, Green Salad, Hand Cut Fries (4, 9, 12, 13)	29.5
GRILLED CHICKEN SUPREME Mushroom & Leek Sauce, Hand Cut Fries (4, 9, 12, 13)	28
TOULOUSE SAUSAGE & MASH Sautéed Onion, Peas (4, 12,13)	24

TO SHARE

BREADS AND DIPS Selection of Artisan Breads, Tapenade (8), Pesto, Hummus, Extra Virgin Olive Oil (1A, 3, 4, 8, 11, 13)

GLENBEIGH OYSTERS Mignonette, Tabasco, Lemon (6, 13)

24 (for 6)

26.5

24

16

SANDWICHES

Served with a House Salad and Hand Cut Fries

MINUTE STEAK SANDWICH Toasted Ciabatta Roll, Pickled Cucumber, Tomato, Frisée, Cheddar (1A, 4, 12, 13)

FIRE ROASTED MAYO MACKEREL 17.5 Severed on Soda Bread, Chive Cream Cheese, Red Onion, Capers, Dill & Cucumber (1A, 4, 7, 8, 11, 12, 13)

ROAST VEGETABLE TORTILLA WRAP 16 Falafel, Hummus, Rocket, Pesto (1A, 4, 11, 13)

SPICED BEEF REUBEN SANDWICH 18 Spiced Beef, Sauerkraut, Irish Cheddar, Russian Dressing on Toasted Sourdough (1A, 4, 7, 12, 13)

GRILLED CHICKEN BURGER Sweet Chili Pineapple, Brioche Bun, Mozzarella, Coleslaw, Rocket, Pickled Onion (1A, 4, 7, 12, 13)

80Z HEREFORD BEEF BURGER 25.5 Bacon & Onion Chutney, Carrigaline Cheese, Tomato, Gherkins, Lettuce (1A, 4, 12, 13)

SIDES

Buttery Mash (4)	6.5
Bitter Leaf Salad (12, 13)	5.75
Roast Root Vegetables (4, 9)	5.75
Hand Cut Fries (4)	5.75

Terrine (3F), Chicken Liver Pâté, Salami, Coppa, Bresaola, Brie, Cheddar and Blue, Breads,

Olives, Home Made Chutney, Irish Black "Butter", Pickled Vegetables (1A, 4, 7, 12, 13)

CHARCUTERIE BOARD (Serves 2)



DESSERT

MAINS

(9, 12, 13)

(1A, 8, 9, 12, 13)

(1A, 7, 8, 4, 12, 13)

Lemon Risotto (1A, 4, 8, 13)

FISH AND CHIPS

BASQUE CHEESECAKE Salted Caramel, Cream, Honeycomb (4, 7)

RUBY CHOCOLATE SLICE Ruby Chocolate Mousse, Pistachio, Popping Candy, Berries (1A, 3F, 4, 7)

SELECTION OF IRISH GELATO Vanilla, Chocolate and Strawberry (4)

CANDIED APPLE TART 12.5 Vanilla Ice Cream (1A, 7, 4, 3A)

> SELECTION OF IRISH CHEESES 18 Home Made Chutney, Grapes, Crackers (1A, 4, 13)

Allergens: 1 Gluten (A-Wheat, B- Spelt C-Khorasan, D-Rye, E-Barley F-Oats) 2 Peanuts 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macadamia, H-Walnut) 4 Milk 5 Crustaceans (A-Crab, B- Lobster, C-Crayfish, D-Shrimp) 6 Mollusc 7 Eggs 8 Fish 9 Celery 10 Soya 11 Sesame Seeds 12 Mustard 13 Sulphur Dioxide and Sulphites 14 Lupin

PANORAMA