

LIFE IN MOTION MEMBERSHIP

- Unlimited use of Motion Health Club
- Up to 15 group fitness classes per week
- Full use of the cardio equipment, machines, and free weights
- Personalised fitness assessments
- Exercise program throughout your membership
- Full use of swimming pool, sauna, steam room, and jacuzzi
- Car parking (limited spaces available)

Membership Type	Annual Fee (€)	Direct Debit (€)	Notes
Single	1020.00	95.00	
Couple	2040.00	180.00	
Active Retired (over 65)	840.00	75.00	
6-Month	600.00	105.00	
3-Month	300.00 (upfront)	N/A	
Family in Motion (2 adults & 2 children under 10)	2800.00	245.00	Extra child: €250.00 per year

OPENING HOURS:

Monday to Friday: 06:00 - 21:30 Saturday, Sunday, and BH Monday: 08:00 to 21:00

The last entry to the club is 45 minutes before closing time. The swimming pool closes 30 minutes before closing time.

Hours for children under 16 years: 09:00 to 18:00

TERMS & CONDITIONS

A one-off administration fee of $\ensuremath{\mathfrak{C}}$ 20 applies to the commencement of the direct debit payment option.

Membership rates are reviewed on annual basis and are subject to change.

TheMontenotteHotel.com | +353 21 4530055 | motion@themontenottehotel.com